

COMMUNITY RENEWAL TEAM **DECEMBER 2022** CONGREGATE MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1	Tomato Soup Grilled Cheese Sandwich	2	<u>National Cookie Day</u> Grape Juice Stuffed Chicken Breast Rice Pilaf Roasted Butternut Squash 12 Grain Bread Whoopie Pie
5	Swedish Meatballs / Gravy Parslied Egg Noodles Green Beans Rye Bread Fresh Fruit	6	Lasagna Salad Garlic Bread	7	Chicken Pot Pie w/ Boiled Potatoes Glazed Carrots Dinner Roll Fresh Fruit	8	Hot Dog W/ all the fixings Beans	9	Grilled Salmon w/ Sauce Tartar Sauce Mashed Potatoes Yellow Squash Oatnut Bread Fresh Fruit
12	Grape Juice BBQ Grilled Chicken Breast Tater Tots Capri Blend Vegetables Rye Bread Jello Cup	13	Holiday Lunch Potluck Party!!	14	<u>CRT Holiday Meal</u> Orange Juice Maple Glazed Spiral Ham Twice Baked Potatoes Seasoned Brussel Sprouts Garlic Knot Frosted Carrot Cake	15	Cheeseburger W/ all the fixings Potato Salad	16	Corned Beef Hash Long Grain Rice Vegetable Medley Wheat Bread Fresh Fruit
19	Fruit Punch 100 % Juice Cheese Manicotti w/ Basil Garlic Marinara Sce Spinach Garlic Knot Wholegrain Fruit Oatmeal Bar	20	Meatloaf W/ gravy Mashed Potatoes Corn	21	Potato Crumb Fish Crinkle Cut Potatoes Ketchup / Tartar Sauce Prince Edward Blend Veggies 12 Grain Bread Fresh Fruit	22	Tomato Soup Mac & Cheese	23	CRT Closed In Observance of the Holidays Season's Greetings !
26	CRT Closed In Observance of the Holidays Seasons' Greetings !	27	Breakfast for Lunch Eggs French Toast Bacon	28	Grape Juice Pepperoni Pizza Marinated Vegetable Salad Fresh Fruit	29	News Years Party!!	30	Cheese & Beef Raviolis w/ Marinara Sauce California Blend Veggies Garlic Knot Fresh Fruit

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older.
SUGGESTED DONATION: \$4.00 or what you can afford.